

RNN Newsletter

July 2018



Hopefully you are having a wonderful summer and enjoying some of the beautiful vistas and furry creatures in our area, such as these enjoyed by our membership.



New Members

We are happy to have new members for the upcoming year and delighted that so many folks are continuing! We now have 70 members on board!

Please make these new members feel welcome: Tom Bates, Theresa Bond, Joanne & Keith Manville, Hannah Rudnicki, Mark Taitz and Betty & Jack Walsh.

Upcoming program dates

Our Program Committee (Ruth Clark, Gretchen Latowsky, Jamie Maughn and Tom Mottl) has identified 14 interesting and timely programs. You will receive a survey via email in early August so that you can let them know which programs most interest you! We have scheduled the first couple of RNN meetings for all members. The specific program list will be sent out in late August.

For now, please mark your calendars for:

Sunday, August 19th is our Kick-Off Event.

This is a time to socialize with old friends and meet some new ones, to have refreshments and learn some of the exciting plans for the year. If you know someone who may be interested in learning more about RNN, feel free to invite them.

2:30-4:30 p.m. RCTV (Reading Cable TV) 557 Main Street, Reading, MA

Sunday, September 18th will be our first program of the year

2:30-4:30 pm Reading Public Library, Community Room B

Interest group updates

Though RNN programs are on hiatus during the summer months, a few Interest Groups continue to schedule activities for their members.

The next ***Koffee Klatch*** will be on ***Thursday, July 19th at 10:00***. Join them for friendship, food & fun at Fusion Cafe.

The ***Travel Group*** has a day trip to Saugus Iron Works set for ***Thursday, July 26th***.

The newly formed ***Meditation Group*** is having an introductory class on ***Friday, August 3rd at Reading Library, 1:30-2:30***. Questions? contact Pat Brennan via email pbrenn42@comcastnet

Lend a Hand

Lend a Hand is a very important part of our group. We all are willing to pitch in to help each other but for it to work, our members need to ask for the help they need. Often, that isn't as easy as it sounds.

-Do you need a ride to Logan Express, to an appointment or elsewhere? We can help get you there.

-Are you feeling under the weather or not as mobile as you wish? An RNN member can bring you a meal, call or pay a visit or help out with an errand or a task around the house.

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