

RNN Newsletter

September 2018



Reading Street Faire



The Reading Street Faire (Sept 9th) was a wonderful town-wide event . By having a booth we succeeded in getting the RNN name out there and building interest. Twelve folks added their names to our email signup for more information. New RNN bookmarks were available as well as flyers for our much anticipated 9/25th "Being Mortal" program that we are opening to the public. (Note detail information about program under "Upcoming Events" below in this newsletter). Much thanks to those who helped with supplies, setup/breakdown, & schmoozing with interested residents: Peter Carcia, Lynda Hersey & Dave Heron, Evie & Bob Pyle, Betty & Jack Walsh, Jeanne Thomases, Rob & Louise Ward, Tom Mottl and Gretchen Latowsky.

New Members

Please make our newest members feel welcome: Geri Tolman, Pat Conway, Colleen O'Shaughnessy and Jack Leonard

Our membership is increasing with enthusiastic and interesting members. If you refer friends to our website www.readingnn.club, they can ask for information and a registration form under "Contact Us."

Upcoming program dates

Tuesday September 25th "Being Mortal"

2:30-4:30 p.m. Reading Public Library Meeting Rooms A and B

A video presentation by *Being Mortal* author Atul Gwande, followed by a four-member panel discussion (Laura Cavicchio, an experienced hospice chaplain and bereavement counselor; Ruth Goldberg, a participant in Age Well and Age-ing to Sage-ing conferences; Mary Anne Kieran, an RN affiliated with Sawtelle Reading Hospice House; and Dr. Wayne Saltsman, Medical Director for Home Care, Hospice and Palliative Care, Lahey Health at Home and Sawtelle Reading Hospice House. You are encouraged to bring guests. We are opening this program to the public.

Reminder: If able, please park on the street while attending a program in a Library meeting room.

**Sunday October 28th 2:30 to 4:30 Reading Public Library
Program to be announced.**

Interest group updates

The next **Koffee Klatch** will be on Wednesday, September 19th at 10:00. Join them for friendship, food & fun at Fusion Cafe. October meeting will be on Friday October 19th.

The **Photography Group** will meet Monday September 17th at 7 pm at 28 Pennsylvania Avenue, home of Peter Garcia

The **Meditation Group** will meet on September 21 from 1:30 to 2:30 at the Community Room of the Reading Police Station. Contact Pat Brennan.

Film/Arts Wednesday September 26th

Luncheon trip to the beautiful Beauport Hotel in Gloucester. Meet at Libby's house at 10:45. You had to RSVP to Libby Woods by Monday 9/10 in order to reserve space.

Political Discussion Group met September 11th on How the US Immigration System works.

Interested players for **Men's Bridge** should contact Dan Clark at dclark@trinitylg.com

RNN Website

Have you gone onto RNN's website, www.Readingnnc.club? Are you one of the 34 members who have registered as a NEW User & been able to ACCESS the Members Only section where Calendar, Newsletters & Membership lists are located.

Here are some hints for logging in the first time -

1. You must register as a NEW USER, even if you were signed up on our old website last year. Even though address is the same, it is a NEW website which means you are a NEW user.
2. Calendar shows in monthly form. If you want additional information on something you see, just click on the activity in the calendar and the program description, time, location & contact person and cost if applicable will be displayed.
3. Closing out the website (important if you are using a public computer such as at the library) requires going to the upper right hand corner of the screen to click Logout."

Lend a Hand

Lend a Hand is a very important part of our group. It feels good to help others. Please give a serotonin boost to your RNN friends by asking for help. It's a win-win for everybody!

Contact:

Rob Ward (rsward23@verizon.net) Text or call 781-864-1257

Libby Woods (galligel@bc.edu) Call 781-944-2331