RNN Newsletter June 2021



Garden Party Thanks!

Our two parties for the 2020-2021 RNN year had to be held on ZOOM due to the pandemic - something we had not even considered 18 months ago! Thanks to Lynda Hersey, our hospitality guru, they worked out well. Diane at Pamplemousse and Lynda's team of elves certainly made our alternative celebrations successful. Thanks to all of you who pitched in. Next time you stop in at Pamplemousse, if it is on your errand route, let Diane know how much we appreciate her good taste!

Nothing so Rare as a Zoom in June!

On Tuesday June 15th at 4:30 pm we will be holding a Social Time on Zoom. Whether you have been on the golf course, working in the yard, sitting under a tree reading or doing housework (heaven forbid), grab a glass of lemonade or something stronger and share some social time online with other members of RNN. Stay in touch and let us know how this is all working out, as we start to come out of the other side of the pandemic. We will continue to follow CDC, State and Town guidelines for getting together in person, and all this will be changing as the months go forward. Watch for updates!

Renewal Reminder

In early April you should have received an envelope in the mail with renewal information. If you wish to renew, please do so now, so that the website information and Interest Group lists can all be updated for the 2021-22 year.

Interest Groups Update

Koffee Klatch Group (a message from Ginny)

Hello Koffee Klatch Friends.



Since the 19th of June falls on a Saturday, our June meeting will be on Friday, June 18th at 10 am.

There were 6 people on the ZOOM meeting May 19. All of us agreed that we would like to meet outdoors for the June gathering. I'd like to get an opinion from the rest of you about how you feel about meeting outside.

Ruth Goldberg offered her yard. We also discussed meeting at Memorial Park which has frontage on Charles St. Another location could be the town common which would allow us to walk over to Café Nero for a take-out beverage.

Are there any other ideas out there?

We'd also have to think about everyone's ability to carry a folding chair with them to the location. We could carpool and help each other with the logistics.

So, we'd really appreciate your input to decide if it's time to once again meet in person. Thanks in advance for your thoughts.

Meditation (a message from Pat)

The RNN Meditation Group will meet on Friday, June 25th at 2:00 pm. Weather permitting, we will meet again in Stephanie Hill's garden. Thank you, Stephanie, for sharing your place with us! Please join us. If you are not already on the RNN Meditation Groups list, contact Pat Brennan at pbrenn42@comcast.net.

Film and Arts Group (a message from Charlotte Hart, Joy Nemergut and Jeanne Thomases)

A few days beforehand, the Film and Arts Group will receive an email about joining the Zoom Movie Buff's Discussion. It takes place the first Monday of each month. In the future, members will also arrange monthly outings to experience films, plays, music or museums depending on how members feel about meeting in person. This month's meeting will be on Monday, June, 7th at 10 AM. Please join us!

Hot Topics (a message from Tom)

Hot Topics is seeking new coordinators. Tom is very willing to help. Perhaps there are two or three of you who would enjoy coordinating this discussion group activity?

Lunch Bunch (a message from Libby, Pam and Maria)

The Lunch Bunch (formerly known as Foodies) will probably be up and running this September. We now have two new volunteers organizing our outings, Pam Amidon and Maria Blanchard, both with fresh wonderful new ideas! Welcome ladies and thanks so much for your help.

Lend a Hand (LAH)

LAH will be available for two categories:

- 1) Help a Homebound member, including: Visit/ call; providing a meal and/or some groceries; run an errand
- 2) Basic Technology: For example, help with computer, cell phone, TV via phone or a video connection. Currently, for the sake of continued safety, RNN will not plan to use 'Provide A Ride'; 'Accompany Member to an Appointment' or 'Help Around the House' (with possible exception if the chore is outside and safe). LAH Co-coordinators:

Jack Leonard - call/text at (978) 866-8483; or e-mail: <u>jjleonardjl@gmail.com</u>
Colleen O'Shaughnessey- call/text at 781-267-4743; or e-mail: <u>colleen.colleen.oshaughnessy@gmail.com</u>

Reading Community Singers Concert

A number of RNN members are also members of a RCS and their concerts brought us all a lot of joy over the years. Here is their upcoming event!



From our friends at Elder Services come "Pleasantries".

New "Pleasantries" just out! As always, it is loaded with stuff! To read it click on the link below: https://www.readingma.gov/sites/g/files/vyhlif1116/f/pages/jun_pl_2021.pdf

From our members.....this is from Tom:

Finding Your Way to Home: Options, Choices, and Constraints

7 June 2021 Webinar 12:00 p.m. to 1:30 p.m. EDT (UTC-04:00)

Home is never just the building in which we live; it's the place, the people, the community and the services we need to thrive, and our feelings and history.

Housing needs change as we age. So do our priorities for connection to friends, family, and community. Each of us thinks differently about access to work options, transportation, health-care, and cultural, educational, and recreational resources. Affordability and cost may take on new importance. How, then, should we think about these concerns in the context of our aging society and the needs of individuals?

Join us on June 7 to explore the decisions about housing that we face as we age, the growing range of options available, the gaps and inequities that still exist, and what we can do to address them.

This free webinar brings together a panel of national experts to talk about housing issues critical to older adults and will be followed by a Q&A discussion.

To register, click here: https://zoom.us/webinar/register/WN_gl0bg_yoTum5H4CxeRFP6w