

RNN Newsletter

September 2021



Join us for RNN September Program

“Find Your Inner Artist/Feed Your Inner Artist”
on
Tuesday September 21st 2:45 to 4:00 pm

Come be inspired by Don Erickson’s stain-glass work, Keith Manville’s model ships, and Susanne Sullivan’s quilts. Hear how they become interested in their crafts, how they developed them and what these artistic engagements do for each of them. And don’t let the inspiration stop there. Check out the short list (“Find Your Artist List”) of other local sources for inspiration. To access the list go to RNN Website (<https://www.readingnn.club/>), click on **Members Only** section and log in.

(Note: Trouble logging in? Send a request for help to Rachel at arkbee13@gmail.com). Don’t be afraid to be a beginner. Keep in mind what the poet Mary Ruefle said: “When he was born, Shakespeare had no words.”

A Zoom link will be sent out ahead of time as well as on the day before. On the 21st you will be able to logon at 2:45pm to get ready for the program. We invite you to stay after the presentations and share your impressions along with examples of the craftwork you do.

Interest Groups Update

Koffee Klatch Group (a message from Ginny)

Hello Koffee Klatch friends. Since the 19th of the month falls on a Sunday this month, we will gather on Monday, September 20th, 10:00am at Memorial Park with a rain date of Tuesday, September 21st. A lovely time was had by all ten of those in attendance at our August gathering at Memorial Park and we'd love to see even more of you join us this month. Memorial Park has access from Salem St., Charles St. and Harrison St. Since access and parking is safest on Harrison St., we will be gathering from that point. I will try to get there a little early - maybe even use a tour guide trick by holding an umbrella over my head for visual recognition. So, please join us with your folding chair and beverage of choice.



Please let me know if you need a ride or will need assistance carrying your chair and beverage once you arrive.

Meditation (a message from Pat)

The RNN Meditation group will meet on Friday, September 24th at 2:00 pm. We will meet outside, weather permitting.

We will be doing a Mindfulness Meditation on the body and breath. For more information contact me at pbrenn42@comcast.net. Please join us.

Film and Arts Group (a message from Charlotte, Joy and Jeanne)

Perhaps your September calendar has some free time? Looking for a good movie? Have suggestions for a documentary, TV series, web link, local concert or museum?

Please join us on Monday September 13th at 1pm.

A few days beforehand, the Film and Arts Group will receive an email about joining the Zoom Movie Monday Discussion.

Lunch Bunch (a message from Pam and Maria)

We are hoping that you are still enjoying your summer with this good weather. Following RNN guidelines, we will use only restaurants which have outside dining. More information coming soon.

Hot Topics (a message from Tom)

Since no one has stepped forward to continue Hot Topics as an interest group for 2021-22, I would like to propose a new framework to offer opportunities for those RNN members who have an interest in meeting in small groups to discuss topics of common interest and/or concern. I will act as the facilitator for this Hot Topics Interest Group framework over the next year, and will send a broadcast email to all RNN members to provide details for the new framework immediately following publication of this RNN Newsletter.

Lend a Hand (LAH)

LAH will be available for two categories:

- 1) Help a Homebound member, including: Visit/ call; providing a meal and/or some groceries; run an errand
- 2) Basic Technology: For example, help with computer, cell phone, TV via phone or a video connection.

Currently, for the sake of continued safety, RNN will not plan to use 'Provide A Ride'; 'Accompany Member to an Appointment' or 'Help Around the House' (with possible exception if the chore is outside and safe).

LAH Co-coordinators:

Jack Leonard - call/text at (978) 866-8483; or e-mail: jjleonardjl@gmail.com

Colleen O'Shaughnessey- call/text at 781-267-4743; or e-mail:

colleen.colleen.oshaughnessey@gmail.com

Reading Porchfest is back to the Porches September 11 from noon to six

Do you remember what fun it was in 2019? When there was great music sounding on the porches, in driveways, and on front lawns all around town? Due to the pandemic, the Porchfest went virtual in 2020, but this year it is back! A great outdoor event to enjoy music and keep your ability to self distance! To find more information go to <https://readingporchfest.com/>

[From our friends at Elder Services come "Pleasantries"](https://www.readingma.gov/pleasant-street-center/pages/pleasantries-newsletter)

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